TOXIC OVERLOAD

COVID AND ROUNDUP: 5 THINGS THEY DON’T WANT YOU TO KNOW

Our children are the future. So it is imperative that we pay attention to their health and wellbeing. In order for us to move forward as a species, children today—and in the generations to come—must not only survive but also thrive.

I am a senior research scientist at MIT, where I have been studying issues related to human health for over a decade. My four degrees from MIT, one of the most prestigious science and tech universities in the world, are in biology, electrical engineering, and computer science.

AMERICA’S CHILDREN ARE NOT DOING WELL.

By Stephanie Seneff, Ph.D.
The sad truth, confirmed by doctors, immunologists, and scientific researchers, is that America’s children are not doing well. In the last two decades we have seen a sharp increase in many childhood conditions. Celiac disease, brain disorders, juvenile diabetes, thyroid issues, and obesity, to name just a few of the health problems plaguing today’s kids, have all been rising. As shocking as this sounds, one in every 14 3rd graders in Toms River, New Jersey now has autism. In case you were reading quickly, let me say that again: One in every 14 children in a small town in New Jersey is suffering from autism.

New Jersey has the highest rate of autism among all the states in the United States, but the autism rates have been going up steadily year by year across the country. While heartbroken parents have urged lawmakers and politicians to help figure out what happened to their children for over twenty years now, our government has never made autism a national priority.

This is a crisis that we cannot continue to ignore. Children who are severely affected by autism cannot speak, cannot go to the toilet by themselves, cannot learn to drive. Those on the severe end of the autism spectrum, like Hannah Poling, often require 24-hour care. I am very concerned about the overwhelming burden the rise in severe autism is placing on our society, especially as older children with autism age out of public services and become adults.

“My wife and I are terrified that we’ll die before he does,” one dad of a severely disabled young man lamented. “Please don’t misunderstand me. We love our son so much. But who will care for him when we’re gone?”
BUT ISN’T THE RISE IN AUTISM JUST DUE TO BETTER DIAGNOSIS?

A Stanford-educated atmospheric scientist studied this question systematically. What Cynthia Nevison, Ph.D.’s 2014 peer-reviewed published research concluded was that approximately 75% to 80% of the tracked increase in autism is real. Which means that only at most 20 to 25% of the cases of autism are due to changing diagnostic criteria.

Nevison’s research also showed that three toxic exposures were rising in step with the increased rates of autism among today’s children:

- polybrominated diphenyl ethers
- aluminum adjuvants
- herbicide glyphosate

Indeed, a growing body of peer-reviewed scientific literature shows that environmental factors are contributing to—even causing—autism. Despite this, government officials pretend that getting to the root causes of what can be a debilitating condition is impossible—autism is a mystery that we will never be able to solve.

Thinking people beg to differ. Parents who watched their healthy children lose the ability to speak and walk know something happened that harmed their children. Anyone paying attention who’s not on the payroll of Big Medicine or Big Pharma also understands that there is no such thing as a genetic epidemic.

HEALTHY CHILDREN ARE BAD FOR BUSINESS

Healthy children are bad for big business. For-profit multi-billion dollar corporations are powerful and extraordinarily well funded. Their mission is to make money. They will stop at nothing when it comes to protecting their bottom line. What about doctors? Aren’t they healers? Of course they are. But the sad truth is that even the most well-meaning doctors often inadvertently care more about their egos than the well-being of others.
The cognitive dissonance is so painful that instead of looking the truth squarely in the eyes, doctors refuse to even acknowledge the possibility that something they have been doing—even urging—is causing harm. Another inconvenient truth: If America’s children were happy, healthy, and thriving, many doctors would be out of a job.

So now I’m going to let you in on five secrets based on the most current science. These are things the status quo doesn’t want you to know.

**1. UNVACCINATED CHILDREN ARE HEALTHIER**

Brian Hooker, Ph.D., is the Frances P. Owen Distinguished Professor of Biology at Simpson University in Redding, California where he specializes in microbiology and biotechnology. He also teaches chemistry at Shasta College. In 1985 Dr. Hooker earned his Bachelor of Science degree in chemical engineering from California State Polytechnic University. In 1998 he earned his Master’s of Science degree and his doctorate in 1990, both in biochemical engineering, from Washington State University. He’s an award-winning scientist and co-inventor on five patents. If that’s not enough, he’s also published over 65 science and engineering papers in internationally recognized, peer-reviewed journals.

Dr. Hooker and Neil Miller, an independent researcher who is the author of several outstanding books, teamed up to publish a scientific paper that the media has completely ignored. Their recent study shows that fully vaccinated children have a five-fold increased risk of autism compared to unvaccinated children. Unvaccinated children have a much lower risk of many other chronic childhood diseases as well, including severe allergies, gastrointestinal disorders, asthma, recurring ear infections, and ADHD. You can read a plain English summary of their research in the Children’s Health Defense Fund’s publication, *The Defender*.

As surprising as this might seem to someone who has never done a deep dive into the scientific literature, previous research has also shown that unvaccinated kids are healthier than their vaccinated peers. For example, in November 2020 a practicing medical doctor and a computational molecular biologist published a peer-review analysis of ten years of pediatric data. These scientists discovered that the vaccinated children had higher incidents of allergies, anemia, asthma, sinus infections, and attention deficit disorders than their unvaccinated peers. That research, not surprisingly, has also been completely ignored by the mainstream media.
Glyphosate is the active ingredient in the pervasive herbicide Roundup. It is one of the three toxic chemicals that Dr. Cynthia Nevison identified as a potential cause of the autism epidemic. Glyphosate is in our food and our water. But the government has consistently insisted that it is harmless, so much so that the Food and Drug Administration, tasked with protecting public health by insuring the safety of both drugs and the food supply, doesn’t even test for its levels in our food!

While researching the manufacturing process for vaccines, I began to be concerned about the possibility that glyphosate could be contaminating some vaccines, due to its potential presence in nutrients supplied to the culture in which the viruses are grown. Fetal bovine serum, chicken eggs, and gelatin are all often involved in the manufacture of vaccines, and glyphosate has been found as a contaminant in all of them.

Both Anthony Samsel, a toxicologist, and Zen Honeycutt, an activist and founder of the organization Moms Across America, have conducted independent testing for glyphosate contamination in vaccines. Unfortunately, my concerns turned out to be warranted. Samsel and Honeycutt have both found measurable amounts of glyphosate in live-virus vaccines.

Consistently, by far the highest levels of glyphosate are in the MMR (measles, mumps and rubella) vaccine. This is the vaccine that a British gastroenterologist Andrew Wakefield and 12 of his colleagues linked to an autism-like condition in children in the United Kingdom in a paper that was retracted a full twelve years after it was published.
Since the paper was retracted, however, at least half a dozen other articles have confirmed different aspects of its findings. Among other things, even conventional medical doctors now accept that people suffering from autism have higher incidences of inflammatory bowel disease and other gastrointestinal disorders. As Dr. Paul Thomas and Dr. Jennifer Margulis explain in their book The Vaccine-Friendly Plan, it’s now widely acknowledged that one of the most common health problems children with severe autism also experience is gastrointestinal discomfort, often suffering from frequent bloating, constipation, and diarrhea.

The presence of glyphosate in live-virus vaccines, but not in vaccines that contain viral toxoids or killed viruses, helps explain why we see brain and immunological decline following administration of these vaccinations. In a peer-reviewed paper published in 2017, Anthony Samsel and I argue that the MMR vaccine could lead to autism through a combined synergistic effect of glyphosate and the haemagglutinin protein in the measles viral coat. We also published his findings on glyphosate contamination in vaccines in that paper.

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These new vaccines are causing serious health problems in children over 12 years old who are now getting them injected into their arms in large numbers: specifically, myocarditis and pericarditis.

According to the Mayo Clinic: Myocarditis is an inflammation of the heart muscle (myocardium). Myocarditis can affect your heart muscle and your heart’s electrical system, reducing your heart’s ability to pump and causing rapid or abnormal heart rhythms (arrhythmias).

The usual cause of myocarditis is a viral infection. However, myocarditis can also be caused by a bad reaction to a prescription medication, a vaccination, or an illegal drug.

Symptoms of myocarditis include chest pain, fatigue, shortness of breath, and arrhythmias.

There is no such thing, really, as “mild” myocarditis. If the heart becomes inflamed it is an emergency. Severe myocarditis weakens a person’s heart so that the rest of the body doesn’t get enough blood. This can lead to blood clots in the heart, strokes, and heart attacks.

The FDA maintains a database called the Vaccine Adverse Event Reporting System (VAERS). Doctors, other healthcare professionals, and patients themselves can file reports to VAERS, which tracks suspected adverse effects to vaccines. This is a passive reporting system that many doctors aren’t aware of.

Despite widespread under-use and a system that is time consuming (it takes between half an hour and an hour to file a report), there have already been nearly 7,000 deaths associated with the SARS-CoV-2 vaccines, according to the July 25, 2021 release of the VAERS database. This is more than the total number of deaths for all the vaccines for the preceding fifteen years!

Even more concerning, it’s been estimated that only 1% to 10% of the adverse events that actually occur are ever reported VAERS. We know that at least a dozen children have died of heart failure shortly after vaccination for SARS-CoV-2. That number is likely a gross underestimate of the numbers of children being harmed by this mRNA injection.
Michelle Perro, M.D., a pediatrician and author of the book, *What’s Making Our Children Sick?* and I have labeled the crisis we are facing with myocarditis in tweens and teens resulting from these vaccines as “pediacide.” In the attempt to keep our children safe from COVID, Dr. Perro and I believe we may be causing some young people lifelong harm. Read more about this in our article: “Pediacide – Vaccine Risks for Kids.”

Steve Kirsch is an MIT grad and a tech entrepreneur. After seeing people in his community get severely harmed by these vaccines, he started researching the data on vaccine side effects and published a long article on the Web titled, “Should you get vaccinated?” He argued that the COVID vaccines clearly offer more risk than benefit to young people, and that it can even be argued that few would benefit from the vaccines if we had taken a different approach to the disease from the beginning. We should have been more attentive to effective inexpensive ways to treat the disease such as early administering of old drugs like Ivermectin and hydroxychloroquin. If we had followed the lead of other countries such as India and Taiwan, we could have had access to promising treatments based on herbal medicine, and the disease would not have been so devastating.

Dr. Greg Nigh, a naturopathic doctor based in Portland, Oregon, and I recently published a detailed peer-reviewed paper where we discussed the prion-like nature of the viral spike protein that is produced by cells under the instruction guide of the mRNA vaccines. We also discussed many other aspects of the mRNA vaccines that makes them potentially dangerous in several unforeseen ways. We predict that people who get this vaccine will be at increased risk of multiple autoimmune diseases and neurodegenerative diseases that may not become apparent until years or even decades from now.

“Does it make sense to mandate an experimental injection involving novel biotechnology with unknown potential for long-term damage?”
In a brilliantly designed in vitro study, a new paper by researchers in India shows that human cells exposed to plasmids containing the genetic code for the spike protein release exosomes containing spike protein along with certain specific microRNA signaling molecules that are then taken up by microglia in the brain to cause neurological damage and impaired immune function. This is similar to what Dr. Nigh and I hypothesize could happen in response to mRNA, but it’s satisfying to see it confirmed in a controlled study.

MicroRNAs are short sequences of RNA that act as powerful regulatory agents, controlling the expression levels of many proteins. The study from India identified two specific microRNAs that were packaged up with the spike proteins in the exosomes: miRNA-148a and miRNA-590.

Ominously, miRNA-148a is over-represented in association with glioblastoma, the most aggressive type of brain cancer. miRNA-590 is also overexpressed in glioma cells, and has been shown to be especially high in glioma tissues that are resistant to radiation therapy. Will we see an alarming rise in glioblastoma in the coming years?

In other words, once we realize that glyphosate is hurting us and that these mRNA injections are not safe, we can make lifestyle changes and paying choices to support our best health and protect ourselves and our loved ones from toxic overload.
There is no question that over-vaccination is causing harm to America’s children. We don’t know exactly how or why. But we do know that the synergistic effects of chemical exposures can cause brain damage. At the same time, public health officials are now recommending Moderna and Pfizer’s experimental COVID-19 mRNA vaccines to children as young as 12 years of age. Though this population rarely has bad outcomes from COVID-19 itself, the vaccine has already been shown to cause them harm.

Now we are hearing buzz that this unproven technology may even be available for children under 12, approved for emergency use, as early as September 2021. I fully expect that if we stick an mRNA-loaded needle into every young child’s arms, on top of the many vaccines they already receive, autism rates will increase at an even greater rate, approaching one in two even sooner than I originally predicted.
GLYPHOSATE IS NOT ONLY CAUSING AUTISM, IT’S ALSO MAKING COVID MUCH, MUCH WORSE

Thanks to some high profile lawsuits, the public now understands that glyphosate is carcinogenic. But what people don’t realize is that it’s also very damaging to the lungs, as well as to the immune system in general. Simply put, if you have high levels of glyphosate in your body, your immune system will not function well.

Early on in the pandemic, I suspected that glyphosate was playing an important role in making the disease symptoms much worse than they would otherwise be. As early as May 14, 2020, I wrote a guest blog for Dr. Jennifer Margulis’ blog site: “Connecting the Dots: Glyphosate and COVID-19.” I hypothesize that glyphosate contamination in the air due to the introduction of biofuels derived from glyphosate-sprayed crops is fueling the pandemic by harming the lungs. Despite a huge amount of scientific evidence, however, the government refuses to acknowledge the potential for toxic chemicals in the environment to weaken the immune system and increase symptom severity in many infections, including COVID.

If you’re familiar with my work, you already know that I believe glyphosate, the active ingredient in the herbicide Roundup, is the primary cause of the autism epidemic, and of many other chronic debilitating diseases. My new book on glyphosate, Toxic Legacy, details exactly how chronic exposure to glyphosate leads to autism, beginning with the disruption of the gut microbiome. The book also shows why it is plausible that this single chemical could be causal in so many diseases the prevalence of which is going up exactly in step with the rise in glyphosate usage on core crops. Read this short summary of the book to give you a sense of what it is about. You can also watch my interview with Dr. Joseph Mercola about the book, as well as this one with Patricia Lemer, author of Outsmarting Autism, which focuses on the glyphosate-autism connection.

It’s a little overwhelming to realize that what our government officials are recommending is not the best way forward. But don’t despair. When you know better you do better. Open eyes see the most clearly.
I know it seems more expensive. But, believe me, it’s not worth it to penny pinch now and be overwhelmed with medical bills and co-pays later. We all must eat organic food and only organic food. We’re fortunate that America offers a “certified organic” label that can help guide our choices in grocery shopping. While the label is not perfect and it does not guarantee that there is no glyphosate in the food, studies have shown that certified organic foods on average have much lower contaminations of glyphosate than the alternatives.

But beware: non-GMO is not good enough! Many of the foods with the highest levels of glyphosate contamination are “non-GMO.” If you are lucky enough to live near a farmer you trust who does not use glyphosate on his crops, buying your foods directly from a local farm is an even better, cheaper choice.

In my book Toxic Legacy, I detail how glyphosate derails the sulfur system in the body, and I argue that this may be its most important adverse effect on health. Glyphosate also inhibits the uptake of sulfur into plants, further depleting sulfur levels in our diet. Many delicious and nutritious foods are also good sources of sulfur. So feed yourself and your family lots of cruciferous vegetables (broccoli, cauliflower, Brussels sprouts, cabbage, and kale), as well as onions and garlic.

Other good sources of sulfur include organic eggs, grass-fed beef, and all kinds of seafood: crabs, clams, lobsters, oysters, and scallops. Enjoy the foods you are eating and take your time to eat with loved ones. You actually absorb more nutrients when you eat more slowly.
STEP 3. EAT HEALTHY ANIMAL FATS

Butter from grass-fed cows is one of the healthiest foods there is. Butter is high in butyrate, a very important short chain fatty acid that is the primary fuel for the colonocytes lining your gut. The vegetable oils that have become so popular in processed foods—canola oil, soybean oil, cottonseed oil—are not healthy! Not only because they are often contaminated with glyphosate but also because they are high in omega-6 fatty acids like linoleic acid compared to omega-3 fatty acids. Saturated fats are the healthiest choice in fats because they are not sensitive to oxidative damage that can cause tissue destruction. Coconut oil is high in saturated fats, as well as butter, pork lard, and beef tallow.

STEP 4. SPICE UP YOUR FOOD WITH GENEROUS USE OF HERBS AND SPICES

Herbs and spices not only greatly enhance the flavor of your food, but they also provide us with many remarkable complex molecules called polyphenols, flavonoids, and terpenoids. These nutraceuticals help protect the body from oxidative damage through the neutralization of reactive oxygen species. Many of these unusual molecules have antiviral properties as well, which means they help protect you from contracting COVID-19 and other viral diseases. Some of my personal favorite herbs and spices are garlic, ginger, coriander, basil, chili peppers, and Chinese peppercorns. (Organically grown, of course.)

STEP 5: GET OUT IN THE SUNLIGHT WITHOUT SUNSCREEN AND WITHOUT SUNGLASSES

We’ve been taught by dermatologists to stay out of the sun because of the dangerous UV radiation it exposes us to. And now we humans are suffering from an epidemic of vitamin D deficiency! The practice of slathering sunscreen on our babies and young children, as well as ourselves, is partially to blame. Vitamin D deficiency has been strongly linked to bad outcomes from COVID-19. When you build up a healthy tan in the springtime, it affords you natural protection from the hot summer sun.
Why no sunglasses? Sunlight exposure to the eyes reaches the pineal gland just behind the eyes (the “seat of the soul”), and this stimulates production of sulfate, which is so important for brain health.

**Walk on the beach when you can:** One of the healthiest activities you can do is to take a long walk along the beach on a sunny day. Physical exercise is a mainstay of a healthy lifestyle, and the beach sand gives you great grounding. What’s more, the ocean air is rich in hydrogen sulfide gas, that can get turned into sulfate through catalysis by the full-spectrum frequencies of light in sunlight. Physical inactivity is also a proven risk factor for severe COVID-19.

As frustrated as I am by our government’s willful ignorance and bad health recommendations, I love America. I hope you’ll join me in becoming a champion for liberty, justice, and good health for all.

As I explain at the end of TOXIC LEGACY

“Of course the best way to cure any disease is to prevent it in the first place. Of course, it would be better if you had been eating organic your whole life, growing food in your own garden, and staying away from packaged junk food. Of course, it would be better if you had never been exposed to DDT, glyphosate, lead, aluminum, or other toxic chemicals. But if you’ve spent your whole life eating conventionally and ignoring your health, don’t despair. Our bodies, like the Earth, tend toward healing when we support them. It’s never too late to start anew.

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